

# Understanding Spiritual Growth

Philippians 2:12-13

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December 26, 2010  
Shepherd's Community Church

## Extremes and Balance in Spiritual Growth

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*(2 Corinthians 5:21; 1 Timothy 6:11; 4:7; 1 Thessalonians 4:3; Galatians 2:20; Acts 16:31; Ephesians 1:4)*

## Your Role in Spiritual Growth

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*(Psalm 119:45; 112:1; John 10:27; Hebrews 12:1; Philippians 3:14; Proverbs 8:13; Matthew 6:13)*

## God's Role in Spiritual Growth

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*(John 15:5; Ephesians 3:20; Romans 8:28; John 14:23; 1 Corinthians 3:16; Psalm 86:11; 37:3; Exodus 14:10-15)*

# Practical Steps for Spiritual Growth

“Let us examine and probe our ways, and let us return to the LORD.”  
(Lamentations 3:40)

*What are some key steps that you need to take to grow spiritually?  
Consider these action points and which ones you need to take in the new year.*

- Seek counsel and help for an ongoing sin
- Commit to attending a small group study and fellowship
- Become involved in the ministry of the church
- Pray for an opportunity to share Christ
- Read through the Bible—*download plan at [www.bible-reading.com/bible-plan.pdf](http://www.bible-reading.com/bible-plan.pdf)*
- Take a half hour one Sunday to pray with others at 8:30am before worship
- Read a Christian book that will inform and encourage
  - Unpacking Forgiveness* by Christ Brauns
  - Expository Listening* by Ken Ramey
  - Life in the Father's House* by Wayne Mack & David Swavely
  - Don't Waste Your Life* by John Piper
  - How to Share Your Faith* by Greg Laurie
  - How to Get the Most from God's Word* by John MacArthur
  - (Or ask someone for a recommendation for something specific you are going through)
- Learn how to turn a conversation to sharing Christ by reading this article:  
[www.spiritualdisciplines.org/gospelq.html](http://www.spiritualdisciplines.org/gospelq.html)

Friends who will keep me encouraged and accountable in my new year's goals:

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